

一窥 生命的奥秘 一睹 赛的 威 仪 动 中 得 静 苦 中 得 乐 是 心 灵 的 真 机
yī kuī shēng mìng de ào mì yī dǔ sāi de wēi yí dòng zhōng de jìng kǔ zhōng de lè shì xīn líng de zhēn jī

法 古 今 完 人 养 天 地 正 气 (嘿) 攘 外 必 须 安 内 反 求 诸 己
fa gu jin wan ren yang tian di zheng qi (hei) rang wai bi xu an nei fan qiu zhu ji

攘 外 必 須 安 內 反 求 諸 己 攘 外 必 須 安 內 反 求 諸 己
rang wai bi xu an nei fan qiu zhu ji rang wai bi xu an nei fan qiu zhu ji

Hari Ananda Maya Jaya Narayana
Vasudeva Nandana Radha Jivana
Paramananda Madhava (Hey)
Narayana Hari Narayana (3x)

Even a glimpse of the mystery of life in the majestic form of Lord Sai will sustain you. Find calmness in chaos; find happiness amidst sufferings - that is the secret of the soul. Cultivate the indomitable spirit of the universe; follow the examples of the ancient and modern sages. It is more important to maintain inner calm than to react against external chaos. Introspect to find the roots of the problem within you and make an effort to rectify them.