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## The Tao Of The Absolute Cannot Be Expressed

The Tao that can be expressed is not the Tao of the Absolute; the name that can be named is not the name of the Absolute. To seek Tao, look within. When the mind is purified, the Self is realized. A pure mind does not seek name or form. The evolved souls do not display themselves, therefore they are illuminated. They do not define themselves, therefore they are distinguished. Act without actions and do not contend; then there is peace.